



Courage Walking Among Monsters

Joshua 1:1-9

1 After the death of Moses the servant of the LORD, the LORD said to Joshua son of Nun, Moses' aide: **2** "Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them--to the Israelites. **3** I will give you every place where you set your foot, as I promised Moses. **4** Your territory will extend from the desert to Lebanon, and from the great river, the Euphrates--all the Hittite country--to the Great Sea on the west. **5** No one will be able to stand up against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you. **6** "Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them. **7** Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. **8** Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. **9** Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go."

"Every single decision we make will be life or death.

But if we are going to survive this, you must realize that fear is not real.

It is a product of thoughts you create.

Now, do not misunderstand me.

Danger is very real.

But fear is a choice."

-Cypher Raige (Played by Will Smith), After Earth

To overcome your fears, respond to the steps we learned and the accompanying questions in your journal.

1. Take a knee.
 - a. Taking a knee is the physical act that grounds us, and prepares us for prayer. While taking a knee, tell God: "God this (The present danger) is happening. Will I be ok?"
2. Take account of what's really happening.
 - a. Ask, "What is actually happening here?"
3. Recognize that your life is not just about you.
 - a. Ask: "What does my response communicate about me, what I believe, and about God?"